



Fees and Insurance

Fees for counselling

- 120 CHF per 60-minute counselling session
- 140 CHF per 60-minute walk and talk counselling session
- 150 CHF per 60-minute counselling visit at the maternity ward

- Additional fees are charged in 15-minute increments. Phone calls, e-mails, and out of session consultations lasting more than 5 minutes are billed at the pro-rated hourly rate.

- Services can be paid by the following methods:
 - Ebanking
 - Bulletin de versement
 - Cash, if stated in advance. A receipt will be provided.

Cancellation policy

- **Minimum 24-hour advance notice** is required to avoid being charged for a missed, cancelled, or changed session.

Insurance coverage

- Some international insurance companies cover counselling visits, however, Swiss insurance companies generally do not. To avoid unexpected costs please contact your insurer to inquire about their policy.
- Clients are expected to pay the counselling fees and then submit the counselling invoice to the insurer for reimbursement.
- Be aware that when consenting to use insurance, your diagnosis and dates of service may be requested by the insurance company.
- When paying without insurance, diagnoses remain confidential and undisclosed.

Sliding scale: If you are not covered by insurance and cannot pay the fees in full, please inquire for more information